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## A breakthrough from the breaking point

On the verge of breaking up, Our Lady Peace pushes sound on newest release PAGE 15

HALIFAX

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Monday, April 9, 2012



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## Easter spirit ABOUNDS

Gymnast Allie McLaughlin, 14, of Illusions Rhythmic Gymnastics in Dartmouth performs at the Seaport Farmers' Market on Sunday. The market hosted several events to celebrate Easter Sunday, including an egg hunt, puppet shows and an Easter craft table. RYAN TAPLIN/METRO

# Titanic a big draw

**100 years.** Big week ahead for Halifax and Titanic memorial events

**ADRIAN LEE**

halifax@metronews.ca

There aren't many nine-year-olds who would beg their parents to spend Easter weekend with a famous shipwreck.

But that's just what Kentville's Joseph Taylor asked for — and got — as Titanic 100 events, commemorating the centennial of the doomed ship's sinking, continued in Halifax on the long weekend.

"He's obsessed," said his mother, Jacquie, as she watched him build a wooden model of the Titanic at a family-day workshop at the Maritime Museum of the Atlantic. She rattled off trivia questions — "When did the Titanic sink? Who built the ship? Who designed it?" — and Joseph answered them without hesitating, and without even looking up from his meticulously accurate paint work.

"When I get home, I'm going to put a little black on the tips and I'll put red on the bot-



Jaiden Wells, 7, right, and cousin Joseph Taylor, 9, paint Titanic replicas at the Maritime Museum of the Atlantic Sunday. ADRIAN LEE/FOR METRO

tom for rust," he said.

Joseph first got interested in the Titanic earlier this year after watching the 1997 film: "I began to learn about the Titanic and I began to like it more."

The workshop, which was completely booked, drew people from outside Nova Scotia, as well. Kathy MacKenzie and her 10-year-old son Kyle were visiting from Ottawa for the weekend. Kyle got interested in the Titanic this year, too, inspired by the models and his love for ships. "It was a bit of a birthday present for him," said MacKenzie. "This seemed like a perfect time to come."

Titanic 100 continues this week with more than 20 concerts, readings, film screenings and ceremonies.

**MORE COVERAGE, PAGE 4**



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## Nothing in the way of zen

A little blowing show didn't stop these tai chi practitioners from getting their meditation on at Sullivan's Pond in Dartmouth on Sunday. A spring storm caused both delays at the Halifax Stanfield Airport and slippery conditions on the highways. **RYAN TAPLIN/METRO**

# Fisherman search put on hold

**Missing.** After a stormy weekend, police are to resume search on Monday

RCMP in Halifax postponed the search for a missing 33-year-old fisherman Sunday morning because of stormy conditions.

RCMP Sgt. Brigdit Leger

says the search for Brent Walton of Eastern Passage will resume Monday.

Police have been searching for Walton since noon on Friday after receiving a report that his boat capsized in Level Spot Lake in the Upper Lakeville area.

Leger says divers began scouring the lake at 7 a.m. Saturday and reached the maximum number of hours they're allowed to be in the

water by about 3 p.m.

Police say Walton and a 29-year-old Halifax-area man were crossing the lake off Lake Charlotte in a 3.5-metre boat when they started to experience mechanical difficulty.

Leger says the other man made it to shore, but neither of the men were wearing life-jackets and alcohol is not believed to be a factor.

**THE CANADIAN PRESS**

### Life-threatening

## Man injured in prison assault

An inmate was sent to hospital after an assault at a Nova Scotia jail Friday.

Halifax Regional Police were called to the Central Nova Scotia Correctional Centre in Dartmouth Friday morning after an altercation between two inmates.

Police say a 21-year-old man was transported to hospital with potentially life-threatening injuries.

No charges have been laid and police are investigating. **METRO**

### Break-ins

## Police warn about stolen-drug sale

Police issued a warning about stolen prescription medication appearing on the streets after a couple of drug-store break-ins.

Halifax Regional Police responded to a call from the Family Drug Mart on Portland Street on March 3 after an overnight break-in. Another report of a pharmacy break-in happened April 1 when the staff at the Guardian Drug Store on Please Street discovered someone had broken in during the night.

Police say in both cases prescription medication was stolen and they believe it may end up being sold on the street.

Investigators are seeking the public's help in solving these crimes and for anyone with any information to contact them 490-5016.

**DREW CASFORD/FOR METRO**

### Mental health

## Youth facility set to open

A new secure-care unit is opening at the Nova Scotia Youth Facility in Waterville.

Youth remanded by the courts for a mental-health assessment will now be cared for at a six-bed unit where they will receive more appropriate programming and support.

"As a former social worker, I've seen first-hand the challenges many youth face, especially those with mental-health concerns, which is why we're working to improve our mental-health system," said Maureen MacDonald, minister of Health and Wellness, in a press release last week.

The space at the youth facility was provided by the Department of Justice, with renovations funded by the Department of Health and Wellness. It will be operated by the IWK Health Centre.

Previously, youth remanded by the courts for mental-health assessments were sent to the IWK's inpatient-care unit.

**DREW CASFORD/FOR METRO**

### Take three

## Haven to film in Halifax again

Fans of Stephen King will be happy to know the show *Haven* will be returning to Halifax to shoot 13 episodes for its third season on April 18. The show premiered on July 9, 2010, and focuses on FBI agent Audrey Parker, who comes to the small town of Haven to solve a murder.

**ANDREW DAVIES/FOR METRO**

# 1

## NEWS

### On the web

## Senior wows crowds

Eighty-six-year-old Johanna Quaa could put gymnasts a quarter her age to shame.

Last month, the springy, silver-haired octogenarian wowed a crowd during parallel-bar and floor-exercise rotations at the Cottbus Challenger Cup in Brandenburg, Germany. Watch at [metronews.ca](http://metronews.ca)

## Plush pugilism

Eighty feathers and fluff were afloat in Berlin after a flash-mob pillow fight took to the city's famous Brandenburg Gate. Watch at [metronews.ca](http://metronews.ca)

### Mobile news



Britain's Olympic chief fears the London Games could be marred by a protest like the one that disrupted the Boat Race between Oxford and Cambridge on the River Thames. Scan the code for the full story



## Car smashes into pole in Dartmouth

A car hit a light pole in the 100-block area of Pleasant Street in Dartmouth shortly before 9 a.m. Sunday. There was heavy damage to both the vehicle and the pole. **SEAN DEWITT/CONTRIBUTED**



# Ship retraces Titanic's long journey

**History.** Tickets for Titanic-themed cruise varied in cost from \$4,445 to \$9,520

A cruise carrying relatives of some of the more than 1,500 people who died aboard the Titanic nearly 100 years ago set sail from England on Sunday to follow the ship's voyage, including a visit to the location where it sank.

The Titanic Memorial Cruise, carrying the same number of passengers as the Titanic did, departed from Southampton, where the doomed vessel left on its maiden voyage. The 12-night cruise will commemorate the 100th anniversary of the sinking of the White Star liner.

As passengers gathered to board, many self-proclaimed "titanoraks" wore period costumes as first-class passengers, crew members, steerage passengers and stewards.

Dressed as an Edwardian gentleman, passenger Graham Free described his

excitement.

"I have been a fan of the Titanic since I was nine years old, and this cruise is the closest you are going to get to it," said the 37-year-old. "The trip has cost a considerable amount, but I wanted to do it."

Fellow cruiser Carmel Bradburn, 55, who lives in Australia, described herself as "fanatical" about the Titanic and struck back at accusations that retracing the doomed voyage is in poor taste.

"I don't think the cruise is morbid. It's like saying Gallipoli is morbid or commemorating the (Crimean) war," she said. "Remembering those who died is not morbid."

With 1,309 passengers aboard, the MS Balmoral will follow the same route as the Titanic. Organizers are trying to recreate the on-board experience — minus the disaster — from the food to a live band playing music from that era, in tribute to Titanic's musicians who reportedly played their instruments until the ship sank.

Organizers said people from 28 countries have booked passage, including relatives of some of the people who died when the Titanic collided with an iceberg and sank on April 15, 1912, in international waters in the North Atlantic. Other passengers include relatives of the around 700 survivors, along with authors and historians.

Balmoral will arrive in Halifax on April 16 before finishing the journey in New York. But the first ship in Halifax's cruise season is also Titanic-themed. The Azamara Journey will dock in Halifax on April 12.

Over the course of the voyage, passengers will be attending lectures by Titanic experts and dine on meals based around dishes served in April 1912.

Cruise organizers have set up a special memorial service on April 14 to start at 11:40 p.m. to mark the moment Titanic hit the iceberg, and later at the exact moment when the ship sank.

THE ASSOCIATED PRESS/  
WITH FILES FROM METRO



Mary Beth Crocker Dearing and her husband, Tom Dearing, from Newport, Ky., pose for the media in period costumes as they wait to board the MS Balmoral cruise ship in Southampton, England, on Sunday. ALASTAIR GRANT/THE ASSOCIATED PRESS

## Recovered. Locket on auction block

One of the most personal items that was found in the aftermath of the RMS Titanic's sinking has been released for a New Hampshire auction that begins next week.

The engraved gold locket belonging to Edwin Herbert Keeping, the valet for Philadelphia George Widener — one of the richest men on board the doomed ship — contains two photographs: One of Keeping's wife and the other of his daughter.

The locket had been displayed in museums and maintained by Keeping's family after it was found on



The gold locket that belonged to Edwin Herbert Keeping. CONTRIBUTED

his body, the 45th to be recovered by the Halifax cable

ship Mackay-Bennett. ADRIAN LEE/FOR METRO

## Six ways to commemorate the Titanic centennial

With the 100th anniversary of the RMS Titanic looming large, Halifax is ready for a week of events commemorating the British ocean liner that infamously struck an iceberg and sank a century ago.

"Maritimers have always been willing to lend a hand in times of distress, and keeping that in mind, Nova Scotians will want to come out to these events," said Kyla Friel, a communications officer with the province's department of communities, culture and heritage.

The purportedly unsinkable ship went down near Newfoundland on April 15, 1912, and Halifax-based cable ships were the first to arrive on scene. When more than 200 bodies were pulled from the Atlantic, Halifax became a hub for the families of those on board.

"You had the survivors

who went to New York, but this was really the base of operations for the people trying to claim the unfortunate people who did not survive," said Lauren Oostveen, a public-information officer for the Nova Scotia Archives.

Oostveen added that the primary reasons Halifax served as a base of operations were its railroad and steamship links to the United States, the home of many of the Titanic's passengers.

"But people from all around the world were on this ship, so it truly was a global disaster."

**Events slated for this week:**

— Public seminar and speaker panels about Halifax's connection to the Titanic. Bedford Institute of Oceanography, Monday, 9 a.m.

— A daily Titanic-themed

film festival hosted by the Dalhousie Art Gallery, Nova Scotia Archives and Empire Theatres at Park Lane Mall. Monday to Friday, 7 p.m.

— Music Nova Scotia presents an orchestral tribute to the eight musicians who famously continued to play on the Titanic. Rebecca Cohn Auditorium, Tuesday, 7:30 p.m.

— A candlelight walk along the waterfront featuring a horse-drawn carriage with pallbearers holding a period-style casket. Maritime Museum of the Atlantic, Friday, 7:30 p.m.

— An evening of music and dance performances narrated by actor Gordon Pinsent. Grand Parade Square, Saturday, 9:30 p.m.

— A spiritual ceremony at the cemetery where 121 victims were buried. Fairview Lawn Cemetery, Sunday, 3 p.m.

ADRIAN LEE/FOR METRO







## Recovery. 20-year-old communicating after double-lung transplant



JOE LOFARO  
Metro in Ottawa

Hélène Campbell is showing signs of recovery from her seven-hour double-lung transplant — spelling words and breathing a bit on her own, her mother tweeted Sunday.

The 20-year-old Barrhaven, Ont., woman who launched a powerful organ-donation awareness campaign after being diagnosed with advanced pulmonary fibrosis last summer underwent the double-lung transplant surgery Friday morning at the Toronto General Hospital.

On Sunday, her mother,

### Survivor

**"That gift of life is something that we will honour."**

Alan Campbell, father of Hélène

Manon Roy Campbell, tweeted, "With an alphabetic board, Helene is spelling words to communicate when awake. She was doing some leg exercises while in bed this afternoon!"

In a previous tweet, Manon also said, "Helene continues to remain stable, she is able to do some breathing on her own but is still helped with the ventilator." **THE CANADIAN PRESS**

### Hateful emails

## Bible ban evokes threatening letters

An Ontario public-school board's decision to ban distribution of Gideon Bibles to its students has unleashed a torrent of threatening calls and hateful emails directed at trustees.

Some messages to the Bluewater District School Board express racist sentiment and question trustees' patriotism.

"Allowing newcomers to Canada the ability to walk all over our heritage has got to stop before they carry us into the realm of a warring nation like the one they often left behind," one email said. **THE CANADIAN PRESS**

# McGill student suing U.S. government for border interrogation

**Lawsuit.** Student's lawyers argue search was unconstitutional, but government says it has right to search at border without cause

A Montreal university student was detained at the U.S. border, held for several hours, interrogated, had his personal belongings searched and saw his computer confiscated for over a week.

What caught the authorities' attention? His doctoral research on Islamic studies, he says.

In a case that has attracted media attention in the U.S., Pascal Abidor has become embroiled in a drawn-out legal battle with the American government.

Abidor, a 28-year-old American and French dual citizen, was returning by train to Brook-



Pascal Abidor, an Islamic-studies doctoral student at McGill University, poses at McGill in Montreal, Wednesday. Abidor was detained at the U.S. border and saw his computer confiscated for over a week. **GRAHAM HUGHES/THE CANADIAN PRESS**

lyn in May 2010 when a U.S. Customs and Border Protection agent stopped him at the border in Champlain, N.Y.

The agent turned on Abidor's computer and found photos of rallies by the Hamas militant group. He says he explained that he had downloaded them from Google as part of his McGill University doctoral dissertation on the modern history of

Shiites in Lebanon.

When Abidor's laptop was returned 11 days later, there was evidence that many of his personal files had been opened, he said. A federal judge heard arguments in July 2011 by the U.S. government for throwing out the lawsuit. The judge has yet to rule on whether he will dismiss the case.

**THE CANADIAN PRESS**

### Escalating costs

## Jets' price tag not news to MacKay

Defence Minister Peter MacKay says he was aware two years ago that it would cost closer to \$25 billion to buy a new fleet of F-35 stealth fighter jets.

That's about \$10 billion more than the nearly \$15 billion the government has maintained would be the price of the 65 radar-evading aircraft.

MacKay was asked on CTV's Question Period whether he was aware of the higher internal number. He said the higher number takes into account the ongoing cost of pilots' salaries and other costs associated with operating the current fleet of CF-18 jet fighters.

"Yes, and it was explained to me just that way, that the additional \$10 billion was money that you could describe as sunk costs, that is what we're paying our personnel, and the fuel that is currently being expended in CF-18s, jet fuel, maintenance costs, what we are currently spending," MacKay said. **THE CANADIAN PRESS**

# Staffords mark third anniversary of Tori's disappearance



It has been three years since eight-year-old Victoria Stafford vanished outside her school in Woodstock, Ont., and in the midst of the trial of the man accused in her death, her family is spending a quiet day marking the grim anniversary.

Her father Rodney Stafford and his family are to pay a visit to Tori's grave, as they have been most days throughout the trial of Michael Rafferty in London, Ont.

April 8, 2009, was the day Tori never returned home from school and never would again.

It's tough to recall that day and the agonizing months that followed, before her remains were discovered that July, but at the same time each April 8 is just another day without Tori, said Rodney Stafford.

### Three years

**"Yes, it's an anniversary, but I don't want to keep reliving that day."**

Rodney Stafford, father of Tori on anniversary of daughter's abduction.

"Yes, it's an anniversary, but I don't want to keep reliving that day," he said.

"There's a deeper loss because she's gone, but at the same time there's more positive out there."

Since Tori disappeared the community support for the family has been overwhelming, Stafford said.

On Easter Sunday in 2009 a candlelight vigil for Tori, then missing four days, was organized and well over 1,000 people from Woodstock and beyond flooded a

parking lot in town to pray for the girl's safe return.

That same day, court has heard, Terri-Lynne McClintic was arrested on a breach of probation.

She later confessed to abducting Tori and pleaded guilty to first-degree murder.

McClintic also faces a new unrelated charge of assault causing bodily harm in connection with an incident last January at the Grand Valley Institution for Women, the prison where she is serving her sentence.

Rafferty, 31, has pleaded not guilty to first-degree murder, sexual assault causing bodily harm and kidnapping.

The Staffords have attended every day of the trial, though they say it's difficult to listen to the allegations against Rafferty. The support of people

across the country is one thing that keeps them going, they say.

They attended a charity race Friday in London, and were quite affected by a girl who wore a T-shirt in memory of Tori.

She placed first in the 12 and under category, Stafford said.

"It was a tear-jerker, knowing the reason she was doing it," Stafford said. "It's proving that the story is affecting everyone, even kids."

Well-wishers ask what they can do to honour Tori's memory, and for now Stafford just hopes everyone can spend time with family, as he will.

"It's Easter weekend," he said.

"Enjoy it. Grab your kids close."

**THE CANADIAN PRESS**

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# Avalanche on world's highest battlefield

## Kashmir region.

At least 135 soldiers and civilians missing at entrance to Siachen Glacier

Rescue workers used bulldozers Sunday to dig through huge banks of snow following a massive avalanche a day earlier in Siachen that engulfed a military complex and buried at least 135 people.

Most of the victims were soldiers.

The avalanche occurred in a mountain battleground close to the Indian border.

More than 24 hours after the disaster at the entrance to the Siachen Glacier, no bodies have yet been recovered, said military officials.

The accident, which is on the northern tip of the divided Kashmir region claimed by both India and Pakistan, highlighted the risks of deploying troops in one of the



Pakistan's army chief Gen. Ashfaq Parvez Kayani, centre, gestures during his visit to an avalanche site in Pakistan.  
INTER SERVICES PUBLIC RELATIONS/AP PHOTO

most inhospitable places on earth.

Troops have been posted at elevations of up to 6,700

metres and have skirmished intermittently since 1984. The glacier is known as the world's highest battlefield.

The army said 240 troops and civilians worked at the scene Sunday using wsniffer dogs. **THE ASSOCIATED PRESS**

## Tulsa arrests. Black community terrorized in spate of shootings

Police backed by a helicopter arrested two men early Sunday and said they would face murder charges in the recent shootings that terrorized Tulsa's black community.

Three people were killed and two others were critically wounded.

Police spokesman said the two men were arrested at a home just north of Tulsa about 2 a.m. Sunday and were expected to be charged with three counts of first-degree murder and two counts of shooting with intent to kill.

While police identified the men as white and all the victims are black, authorities have not described the shootings as racially motivated and declined to discuss that issue.

Community leaders, however, expressed concern about the motivation for the shootings on Tulsa's predominantly black north side, as well as the possibility that they would provoke a vigilante response.

The Rev. Warren Blakney Sr., president of the Tulsa chapter of the National Association for the Advancement of Colored People, a civil-rights organization, said that word of

the arrests had provided a great sense of relief.

"The community once again can go about its business without fear of there being a shooter on the streets on today, on Easter morning," he said.

Police said they linked the shootings because they happened about the same time and within a few kilometres of each other.

All five victims were out walking when they were shot. Four were found in yards, and one in the street.

Police have said they don't believe the victims knew one another. They identified the men in custody as Jake England, 19, and Alvin Watts, 32, but gave no hometowns for them.

Officers said they were taken early Sunday for questioning at a downtown Tulsa police station, where they would be booked and jailed.

Tulsa police Chief Chuck Jordan called the attacks vicious and cowardly. Police said they did not have a motive for the shootings.

Tulsa police had at least two dozen officers investigating the case. **THE ASSOCIATED PRESS**

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# 60 Minutes' 'interrogator' Mike Wallace dies at 93

**Obituary.** Feared for his prosecutorial style, Wallace's reputation arrived for the interview before he did



The late Mike Wallace  
TOBY TALBOT/THE ASSOCIATED PRESS FILE

"Mike Wallace is here to see you."

The 60 Minutes journalist's reputation as a pitiless inquisitor was so fearsome that it was often said that those were the most dreaded words in the English language, capable of reducing an interview subject to a shaking, sweating mess.

Wallace, who won his 21st and final Emmy Award at 89, died Saturday in the New Canaan, Conn., care facility where he had lived the last few years of his life. He was 93.

Wallace didn't just interview people. He interrogated them. He cross-examined

them. Sometimes he eviscerated them. His weapons were many: Thorough research, a cocked eyebrow, a skeptical "Come on" and a question so direct sometimes it took

your breath away.

He was well aware that his reputation arrived at an interview before he did, said Jeff Fager, CBS News chairman and Wallace's long-time producer at 60 Minutes.

"He loved it," Fager said Sunday. "He loved that part of Mike Wallace. He loved being Mike Wallace. He loved the fact that if he showed up for an interview, it made people nervous.... He knew, and he knew that everybody else knew, that he was going to get to the truth. And that's what motivated him."

Wallace made 60 Minutes compulsively watchable, television's first newsmagazine that became appointment viewing on Sunday nights. His last interview, in January 2008, was with Roger Clemens on his alleged steroid use. Slowed by a triple bypass later that month and the ravages of time, he retired from public life.

THE ASSOCIATED PRESS

## Vatican. Pope calls on Syria to put stop to ongoing violence

Pope Benedict XVI implored the Syrian regime Sunday to heed international demands to end the bloodshed and expressed hope that the joy of Easter will comfort Christian communities suffering because of their faith.

Benedict, struggling with hoarseness and looking tired, celebrated Mass on Christianity's most joyous holy day on the flower-adorned steps of St. Peter's Basilica, before a crowd of faithful that swelled to far

over 100,000 by the end of the two-hour-long ceremony.

Only hours earlier, the pontiff, who turns 85 on April 16, had led a long nighttime vigil service in the church. There have been concerns over his health and he has recently used a cane in public appearances.

At the end of Sunday's Mass, Benedict moved to the basilica's central balcony to read his Easter message "to the entire world." THE ASSOCIATED PRESS



Pope Benedict XVI, seen here greeting the faithful at the Vatican on Sunday. OSSERVATORE ROMANO/THE ASSOCIATED PRESS

## Peace plan for Syria delayed

A UN-brokered plan to stop the bloodshed in Syria effectively collapsed Sunday after President Bashar Assad's government raised new, last-minute demands that the country's largest rebel group swiftly rejected.

The truce plan, devised by UN-Arab League envoy Kofi Annan, was supposed to go into effect on Tuesday, with a withdrawal of Syrian forces from population centres, followed within 48 hours by a ceasefire by both sides in the uprising against four decades of repressive rule by the Assad family.

But on Sunday, Syria's Foreign Ministry said that, ahead of any troop pullback, the government needs written guarantees from opposition fighters that they will lay down their weapons.

The commander of the rebel Free Syrian Army said that while his group is ready to abide by a truce, it does not recognize the regime "and for that reason we will not give guarantees." THE ASSOCIATED PRESS



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Bosnia 13 <sup>9</sup> ¢/min	Italy 1 <sup>9</sup> ¢/min	South Korea 2 <sup>9</sup> ¢/min
China 1 <sup>9</sup> ¢/min	Lebanon 7 <sup>9</sup> ¢/min	Sri Lanka 9 <sup>9</sup> ¢/min
Colombia 3 <sup>9</sup> ¢/min	Mexico 1 <sup>9</sup> ¢/min	Trinidad 4 <sup>9</sup> ¢/min
Cuba 89 <sup>9</sup> ¢/min	Pakistan 5 <sup>9</sup> ¢/min	U.A.E 14 <sup>9</sup> ¢/min
El Salvador 9 <sup>9</sup> ¢/min	Philippines 11 <sup>9</sup> ¢/min	Ukraine 7 <sup>9</sup> ¢/min
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# Carney urges smarter development of natural resources

**Exports.** Natural-resource industry needs to ensure it is being paid global rates for its products, Bank of Canada governor says

Part of the solution to Canada's poor export performance lies with natural resources, but simply pumping oil out the door won't suffice, says the governor of the Bank of Canada.

Mark Carney recently chastised Canadian business for being trade laggards since the 2008 recession, saying they have not done enough to infiltrate growing markets.

Carney said opportunities in natural resources abound in Canada, but they need to be developed quickly, efficiently — and sustainably.

"These opportunities exist at a time when there are other opportunities in other jurisdic-



Bank of Canada governor Mark Carney  
FRANK GUNN/THE CANADIAN PRESS

tions, other countries. So there is an element of competition here, and we need to be appropriately efficient in their development," Carney said in an interview with The Canadian Press.

Canadian business should count on commodities prices and the Canadian dollar staying relatively strong over the long term and calculate their costs and revenues accordingly, he

said.

"The scale of the natural resources opportunities are huge (and) should be developed in a sustainable way," he stressed, opting to use the term "sustainable" at a time when federal budget directives dropped the notion of sustainable development and replaced it with "responsible" exploitation of resources. **THE CANADIAN PRESS**

## Pipeline. Aboriginals growing more dismayed with hearings process

The federal government's decision to put a cap on how long environmental-assessment hearings can drag on isn't expected to affect the Northern Gateway pipeline project, but aboriginal reaction to the change probably will.

Natural Resources Minister Joe Oliver says Ottawa isn't planning to fast-track the approval process for the proposed \$5.5-billion pipeline, despite his government's announcement in last month's budget they would limit project reviews to 24 months.

The Gateway assessment was always scheduled to be completed within that time frame.

But aboriginal leaders in British Columbia say they are becoming increasingly dismayed with the public-hearing process and are now seriously considering bypassing the hearings and heading straight to court.

Coastal First Nations spokesman Art Sterritt said the cancellation of a day and a half of scheduled review-panel hearings in the central

### Panel process

- A three-member panel is assessing the environmental effects of the project and is reviewing the Enbridge application under both the Canadian Environmental Assessment Act and the National Energy Board Act.
- Under the act, the panel will decide if the project is in the public interest. It will assess its environmental effects and make recommendations to the Conservative government.

B.C. coastal community of Bella Bella last week signalled to many aboriginals that Ottawa has already heard enough from Northern Gateway's opponents.

"My guess is they are now going to try and shut it down by the fall," said Sterritt, whose organization is an alliance of about a dozen First Nations along B.C.'s north and central coasts and Haida Gwaii.

**THE CANADIAN PRESS**

### Safety concerns

#### Ford recalls Focus vehicles

Ford is recalling more than 140,000 Focus compact cars because the passenger-side windshield wiper can fail.

U.S. federal-safety regulators say a seal in the wiper motor wiring may be missing. Water can get inside and cause the wiper to stop working, increasing the risk of a crash.

There are 19,062 Focus vehicles in Canada that are involved in the recall.

**THE ASSOCIATED PRESS**

### Market Minute

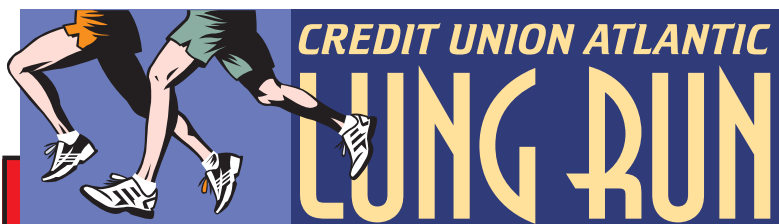
**DOLLAR**  
100.62¢ US (+0.26¢)

**TSX**  
12,103.11 (-75.55)

**OIL**  
\$103.31 US (+\$1.84)

**GOLD**  
\$1,630.10 US (+\$16)

**Natural gas:** \$2.089 US (-5.2¢)  
**Dow Jones:** 13,060.14 (-14.61)



## Put some spring in your step!

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**the 9 spot**

**Top 5: April 6th**

- 5** One Direction  
What Makes You Beautiful
- 4** K'Naan ft Nelly Furtado  
Is Anybody Out There?
- 3** Carly Rae Jepsen  
Call Me Maybe
- 2** Nicki Minaj  
Starships
- 1** Justin Bieber  
Boyfriend

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# BEWARE THE 'BOGEYMAN,' A.K.A. DEBT



**URBAN  
COMPASS**  
Stephen Kimber  
halifax@metronews.ca

The thing I don't understand — one of many actually, but let's start with this one — is what ever happened to the debt?

Whenever governments decide to put us on short rations — as the NDP did after it assumed power in 2009, as the federal Liberals did in the 1990s — they do their best to frighten us into submission with the double-whammy bogeymen of unsustainable annual deficits and future-killing long-term-debt walls.

But, then, as soon as they tame the former, they quickly forget the latter.

How else to explain Darrell Dexter's pre-budget good-news announcement last week? The province is declaring a balanced-budget dividend and will soon begin lowering the HST it raised to slay the deficit dragon.

Not to forget eliminating the large corporation tax, cutting the small-business tax and throwing in a few tax-credit bones for good measure.

## But wait...

**Tucked in a forgotten drawer of the next day's budget speech was the reality that, despite declining deficits, the province's net direct debt will actually increase from \$13.3 to \$13.7 billion by the end of the coming fiscal year.**

Tucked in a forgotten drawer of the next day's budget speech was the reality that, despite declining deficits, the province's net direct debt will actually increase from \$13.3 to \$13.7 billion by the end of the coming fiscal year.

That's a \$14,547 hobble for everyone of us, infants and the elderly included. And paying just the interest—\$881 million a year, or about 10 per cent of what government departments spend on actual services — "crowds out government activities from sectors that it should be more active in, from education

to social welfare to economic development," as the government's blue-ribbon economic panel of economic advisors succinctly put it back in 2009.

The NDP isn't alone in ignoring the debt.

Tory Leader Jamie Baillie, who hasn't met a tax he wouldn't cut, was puppy-eager to slash the HST deeper and faster. Oh, yes, and balance the budget yesterday too.

Liberal Leader Stephen McNeil wants the government to cut the gasoline tax.

Business leaders — who pretend they know how to read a balance sheet — clamoured for even more tax cuts ... for themselves.

No one, it seems, wants to talk about the debt. Or, alternatively, restoring public services cut in the name of restraint.

So the debt grows. Until the next time a government needs to scare us with an even bigger bogeyman.

## Worth mentioning. Need a special figurine for your wedding cake? Call Alberta

Spring brings showers, flowers and dreams of the perfect wedding, complete with the perfect table settings, decorative bows, aisle runners and stationary holders.

But many couples heading for the altar might be surprised to learn that the founder of the global company that's supplying the decorations for their special day — right down to personalized bride-and-

groom figurines for their wedding cakes — got his start in the business when he was still playing in the rough-and-tumble world of junior hockey.

Meet Rick Brink of Weddingstar, a company with 70 employees and warehouses in North America, Europe and Australia with its headquarters in an unlikely location — just outside Medicine Hat, Alta.

THE CANADIAN PRESS

# Pillow fight!



DARRYL DYCK/ THE CANADIAN PRESS

## Wack!

### Pillow fighting all the rage in Vancouver

Feathers fly through the air as dozens of people take part in an organized pillow fight in downtown Vancouver, B.C., on Saturday for International Pillow Fight Day. The annual event started in 2008 and had fights planned in 115 cities across 39 different countries.

THE CANADIAN PRESS

## Down time

### International event ruffles some feathers

People attend a flash-mob pillow fight for the International Pillow Fight Day Saturday in Stockholm (photo at right). According to msnbc.com, a small group of people in Shanghai who were taking part in the international event were asked to cease after about five minutes of play fighting.

METRO

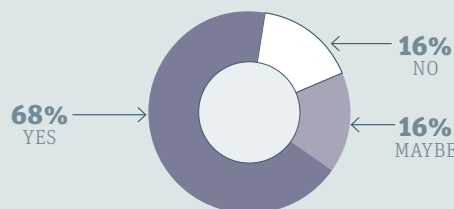


JONATHAN NACKSTRAND/GETTY IMAGES



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## Are you going to make the tax deadline?



## Twitter

@Jamie\_in\_hali:

Just learned Ron'sArmy/Navy bldg on Agricola was the mortuary for Titanic victims brought to #Halifax after the sinking! Eeeee!

@twharding:

Oh shoot!! Thought the stores were open today and saved my shopping til today!! Oooops! Who has a ham for sale in #Halifax? And an onion?

@hmarien:

I'm just thrilled we packed away the winter coats last week. We live in NS, we live in NS, we live in NS.... #halifax #shouldknowbetter

@xxfalliblexx:

Happy Easter! It's snowing in #Halifax

@nuet14:

Went to bed it was spring, I wake up to winter, wtf







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Karat | Price/gram

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9999 Canada Maple leaf, less than 1 ounce	\$49.35/g
24k Jewellery	\$36.36/g
22k	\$33.31/g
E. Indian/Nuggets	\$29.53/g
18k	\$27.27/g
14k and dental	\$21.20/g
10k	\$15.13/g
9k	\$13.64/g
8k/antique gold	\$9.09/g

### Gold Bar Buying Prices

Gold Bars | Buy Price

Gold 1 ounce (Recognized)	\$1,486.34
Gold 10 ounce (Recognized)	\$14,782.63
Gold 1kg (Recognized)	\$47,526.16
Gold bars, less than 1 ounce (Recognized)	\$47.53/g
999 Gold bar (Unrecognized)	\$46.23/g

### Silver Coin, Bars, and Jewellery Buying Prices - Canada Coins | Price

Maple Leaf (1 ounce Silver, Sealed)	\$30.38/coin
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### Silver Jewellery and Other Silver | Price

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Stamped Sterling Silver Jewellery	\$0.60/g
Mexican Silver stamped 925	\$0.50/g
Stamped 800 Silver	\$0.49/g
Unstamped scrap silver	\$0.32/g
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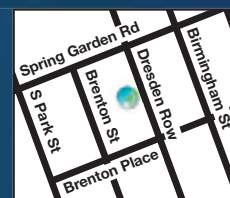


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Our Lady Peace released their latest album, *Curve*, last week. AARON VINCENT ELKAIM/THE CANADIAN PRESS

# Our Lady Peace had a clumsy path to new disc

**Transformation.** Band came to the brink of a breakup before enlisting the help of a new producer who helped them push their sound forward

The past decade hasn't been an entirely peaceful time for Our Lady Peace.

Frontman Raine Maida concedes that diminishing record sales, a hobbled industry and an occasional feeling of creative aimlessness brought the Toronto band closer to the brink of a breakup than they've otherwise been in nearly 20 years of playing together. But Maida says the alt-rock quartet stayed united

## Toughing it out

**"I think we all really knew in our hearts we hadn't got there yet."**

Our Lady Peace frontman Raine Maida on the band sticking together through tough times so they could put out their latest album, *Curve*.

in large part because they could sense a creative breakthrough was around the corner, and he feels they've found it with new disc, *Curve*. "I think the last 10 years were probably the most tumultuous, and we never broke up because even when we were really on the cusp of it — of walking away from this — because we hadn't made this record," Maida said during a recent interview in Toronto. "I think we all really knew in our hearts we hadn't got there yet."

The transformative process began the first time the band

got into a room with producer Jason Lader (known for helming discs by Maroon 5, Rilo Kiley and Elvis Costello), who was blunt in summing up his thoughts on some of the material the band was working with at the time.

And Maida said it was crude candour, not tact, that the band needed. "It's like when you're in a relationship for a long time with someone — it gets harder and harder to pull the right things out of people," he said. "I can only push Jeremy (Taggart) so hard as a drummer and he's

only going to say certain things to me as a lyricist ... it's all baby steps. But then we brought Jason in and it's like no baby steps. No filter. 'This sucks. You guys don't listen to this kind of music, why would you make a record like this? Let's challenge you.'"

For Maida, the process meant revisiting records that inspired him — early Peter Dinklage and David Bowie — to draw inspiration. The band pushed to find deeper grooves, unusual rhythms and new textures, adding keyboards (or guitars that sounded like keyboards) and new vocal wrinkles to subtly tweak their sound.

It was important to Maida that the band not stray too far from their traditional sound, but instead push it forward.

Largely, the new tunes

sound a little subtler, a little funkier. The supple *Window Seat* slowly heats to a boil, *Fire* in the Hen House dances atop a nimble bassline while album-closer *Mettle* mixes spoken-word recordings over delicately plucked guitar strings.

The recordings in question came from conversations conducted with 74-year-old Canadian boxing legend George Chuvalo. Maida — a lifelong fan of boxing and mixed martial arts — went to Chuvalo's home with a tape recorder to talk about the boxer's life, which was racked with hardship. Chuvalo lost three of his sons to suicide or addiction and his first wife also took her own life. "There's so much depth to George," Maida said. "He's a fighter in and out of the ring."

THE CANADIAN PRESS

2

## SCENE

Box office

### Easter feast for Hunger Games

Film fans are still forking over for *The Hunger Games*, which has taken in \$33.5 million to lead the box office for a third-straight weekend. According to studio estimates Sunday, *The Hunger Games* raised its domestic total to \$302.8 million. It easily out-earned two returning favourites, the *American Pie* sequel *American Reunion* and a 3D version of the blockbuster *Titanic*. Both newcomers opened solidly, though. *American Reunion* pulled in \$21.5 million, the lowest haul since the 1999 original but still a decent return for a comedy franchise whose last chapter came nine years ago. *Titanic* in 3D reeled in \$17.4 million over the weekend, raising its domestic take to \$25.7 million since opening Wednesday.

THE ASSOCIATED PRESS

On the web



Group New Multitudes honour Woody Guthrie with new music based on his unfinished works

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Heidi Klum

## Stick a fork in it: Klum and Seal are done

There goes any hope for a reconciliation: Three months after announcing their separation, Heidi Klum has officially filed divorce papers against husband Seal in California, citing "irreconcilable differences," according to TMZ. The couple's prenuptial agreement reportedly ensures they'll retain separate property and assets, and Klum is seeking primary custody of the couple's four children, with visitation rights for Seal.

## Will Hunger Games director helm the sequel?

After introducing the blockbuster franchise, director Gary Ross will reportedly not be returning to helm the second Hunger Games film, according to the Playlist.

Ross and the franchise's studio, Lionsgate, were involved in a "tough" back and forth over the deal for Catching Fire, the second install-

ment in Suzanne Collins' book series. Ross was reportedly paid \$3 million for the first film, plus five per cent of its profits. Deadline's Nikki Finke, however, insists the reports are premature, and that Ross has been on vacation with his family while the news of his walking away from the franchise has spread.

### Twitter



@SethMacFarlane

This country is so asleep it's kind of a shock that the rest of the world doesn't write on us.



@SteveMartinToGo

I thought yesterday was the first day of the rest of my life but it turns out today is.



@MissKellyO

I love it when my Dad calls me up just for a chat!



@rihanna

If u love something let it go...if it doesn't come back, hunt it down and kill it



# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

## Amanda Bynes arrested for DUI



THE WORD

Dorothy Robinson  
scene@metronews.ca

Nickelodeon star Amanda Bynes, 26, showed she isn't that innocent by pulling a very Lohan-esque move over the weekend: She drunkenly careened into a police car in the wee hours of Friday morning.

According to People magazine, the Hairspray actress was arrested for driving under the influence in Los Angeles after colliding with a police car at around 3 a.m. on Friday, after partying at L.A.'s Greystone Manor Club.

"A Los Angeles County Sheriff's Deputy in a marked black and white radio car was stopped at the intersection of ... Robertson Boulevard and Santa Monica Boulevard preparing to turn right onto Santa Monica Boulevard when a black BMW driven by actress Amanda Bynes attempted to pass the right of the radio car, colliding with the right rear quarter panel of the radio car," the West Hollywood Sheriff's office said in a statement.

"There was minor paint transfer damage to both



vehicles. Amanda Bynes was subsequently arrested for driving under the influence and booked at West Hollywood Sheriff's Station."

The actress sported pink-highlighted hair in her mug shot, and after posting \$5,000 for bail, she was spotted the next day in the same leg-baring outfit to retrieve her BMW from an impound lot, according to TMZ.

Look on the bright side, Bynes: The "I'm not drunk. I'm just kinda over it and bored" face you're trying to work in your booking photo is some of the best acting work you've done in years.



Britney Spears ALL PHOTOS GETTY IMAGES

## Jason Trawick to share legal control over Britney Spears

Poor Britney Spears. Sure, she's a famous millionaire, has two cute kids (we can overlook for a moment with whom she had them), and a killer body.

But she's still apparently incapable of looking after her own affairs.

It was announced over the weekend that her fiancé, Jason Trawick, has reportedly filed a petition to be added as one of her conservators, according to E! News.

If approved, Trawick would be in charge of Spears' general well-being, while the singer's father would still be in charge of her multimillion-dollar fortune. Per People, a conservator like Trawick has the legal authority to make decisions over a person's food, clothing and medical care.

Since 2008, Spears' father has held legal control over her, her career, and her fortune after the singer suffered a psychological breakdown.

Sad. Usually you hope a marriage will be an equal partnership in all affairs, but it seems like Spears, 30, is still so medicated/sick that she's incapable of self-sufficiency. This is what America does to its famous young women. Amanda Bynes, take note.

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After 11 years of marriage, Brian and Kathryn Quinn renewed their wedding vows. DEANNA FENECH/ THE ASSOCIATED PRESS

# Walk down the aisle faithfully (again)

**Vow renewal.** Saying, 'I do' a second (or third) time reminds couples of how far they have come

Kathryn Quinn of East Lansing, Mich., is approaching her 11-year anniversary. She and her husband recently renewed their vows on a trip to the Virgin Islands.

"I'm so glad we did it," she said. "This was our first trip away from our children. It was at a beautiful location. The vow renewal was meaningful, and gave us a chance away from our daily life to really celebrate our time together and be grateful for our relationship."

Recommitting to a relationship through vow renewals is becoming more popular, said Susan Southerland, president of Just Marry!, Inc. wedding planners in Orlando.

"In the last three to five years, they've become extremely popular. We've always done one or two throughout the year, but all of a sudden it's become a huge request."

Winifred Brunston of Lancaster, Calif., lost her husband last year. She enjoys looking back to their 35th anniversary, in 2004, when they renewed their vows in the same small church where they got married.

Brunston feels marriage vows mean more over the years because "it lets the spouse know you still love

them enough to marry them again."

Anja Winikka, editor of the wedding TheKnot.com, believes one reason for the spike of interest in vow renewals is that some celebrity couples have done it.

Tori Spelling and Dean McDermott filmed their vow renewal for their reality TV show. Holly Robinson Peete tweeted photos after she and former NFL quarterback Rodney Peete recently celebrated their 17-year anniversary by renewing their vows on top of the Empire State Building in New York. Mariah Carey and Nick Cannon are the most consistent; they renew their vows every year.

"You hear about it, and just like any trends in the wedding industry and in

decor and fashion, celebrities certainly do influence us in that way," says Winikka.

Southerland says she recently helped a couple who renew their vows every year. "It's always a surprise, and the husband plans it," she said.

Whether you renew your vows annually or just once, in a small ceremony or as part of a vacation, the cost of saying "I do — again" can vary.

"You can do something that's very simple, that's just the husband and wife standing up with a photographer, and that can be less than \$1,000. Or you can do something where you've invited a bunch of people. I've had people spend upwards of 50 or 60 thousand," Southerland said. **THE ASSOCIATED PRESS**

## The Web

### When kids google you



While I'm proud to be a mommy blogger, I recently found myself in a position where I actually thought, "Crap, I think I may have to stop writing about motherhood." This was thanks to Google. Or rather, thanks to my daughter, who recently learned what Google search is and how to use it.

It started when, inspired by her future stepsisters who told her dolls cannot talk, she Google searched "Are stuffed animals real?" One of the things that came up was a post I had written about how my daughter freaked out when she took Ellie (her stuffed animal) into a pool and poor Ellie drowned. (Of course I gave Ellie mouth-to-mouth and she was fine.)

She read the piece. Then: Tears. Lots and lots of tears. "Why did you write that?" my daughter asked, crying, as the truth sunk in. My heart broke.

No matter how open and close I am with my daughter, I just know I'll have a lot of explaining to do one day thanks to all my writing about her. I'm trying to look at the positives, and there is only one thing I can come up with. I've never had a sex tape leaked. And I never plan to film a sex tape. And, I suppose, I'm glad she can... read?

REBECCA ECKLER, MOMMYISH.COM

# 3

## LIFE

### Casting Call

### Say Cheese for Gap

Gap is looking for the next faces of BabyGap and GapKids.

Up to five photos and a description of babies ages four and under or kids ages five to 12 can be posted at [gap.com/castingcall](http://gap.com/castingcall) between April 2 and 22.

Winners will receive a \$1,000 gift card to Gap and a \$10,000 donation made in their name to Communities in Schools, a Canadian NFP helping kids to stay in school.

DELIA MACPHERSON, METRO

### On the Web



Divorce expo a low-key counterpoint to multi-million-dollar wedding industry



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# Upgrade these casual bites



This recipe serves two to four. THE CANADIAN PRESS H/O

## Chicken Fingers. Kids will love dipping these bites into the Caesar Mayonnaise

These chicken fingers will make a perfect weeknight supper. Children love them, so you will have an enthusiastic audience, and the adults in the crowd will appreciate

them as well.

The chicken fingers have a kicked-up crust and tasty Caesar dipping sauce to serve them up with.

Toss in some chopped romaine lettuce for a new twist for your next Chicken Caesar Salad.

1. Cut chicken into strips and dredge in flour. Coat chicken with mayonnaise.

2. In a shallow dish, mix

together breadcrumbs, rind, cajun spice, garlic powder, salt and pepper; toss chicken in mixture to coat evenly.

3. Place chicken strips on a parchment paper lined baking sheet. Bake in 200 C (400 F) oven for about 25 minutes, turning them halfway or until no longer pink inside. Serve with Caesar Mayonnaise.

4. Caesar Mayonnaise: In a

### Ingredients

- 2 boneless, skinless chicken breasts
- 125 ml (1/2 cup) whole wheat flour
- 125 ml (1/2 cup) mayonnaise
- 250 ml (1 cup) whole-wheat or panko breadcrumbs
- 10 mL (2 tsp) grated lemon rind
- 5 mL (1 tsp) cajun spice
- 2 mL (1/2 tsp) garlic powder
- Pinch each salt and freshly ground pepper

### Caesar Mayonnaise

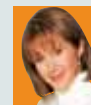
- 125 mL (1/2 cup) mayonnaise
- 30 mL (2 tbsp) freshly grated Parmesan cheese
- 15 mL (1 tbsp) chopped fresh parsley
- 5 mL (1 tsp) chopped capers
- 5 mL (1 tsp) grated lemon rind
- 5 mL (1 tsp) lemon juice
- Pinch each salt and pepper

bowl, whisk together mayonnaise, cheese, parsley, capers, lemon rind and juice, salt and pepper.

THE CANADIAN PRESS/ HELLMAN'S/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR, TV CELEBRITY CHEF. FOR MORE VISIT EMILYRICHARDSCOOK.CA.)

### Healthy eating

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Red Lobster is a seafood favourite for many families thanks to its seemingly endless options. Just be careful what part of the menu you're ordering from.

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1,280 calories/ 73 g fat/ 4,300 mg sodium

This is no feast if you're watching your weight. Most of the dish is deep fried, accounting for a day's worth of calories and fat, and three days of sodium.



### Equivalent

One Admiral's Feast is like eating five Arby's roast beef sandwiches in fat.



### Ultimate Feast

600 calories/ 28 g fat/ 3,660 mg sodium

A much better choice since you're getting virtually all steamed seafood, including lobster, shrimp and crab legs, is the Ultimate Feast.



### Queen of Green

## The green way to clean stainless steel



QUEEN OF GREEN  
Lindsay Coulter  
green@metronews.ca

### What's a non-toxic cleaner for stainless-steel appliances like my fridge? Eileen, Ottawa

Did you know Canadians spend more than \$275 million a year on household cleaning products?

We buy these products to fight germs, streaks, stains and odours to keep our homes sparkling clean.

But despite what the TV commercials tell us, we don't need a separate stainless steel cleaner, floor cleaner, tub and tile cleaner and counter cleaner. Save your money and simplify!

Choose the smallest number of eco-friendly, multi-purpose products that will help achieve your household cleaning goals.

Speaking of simple, the best way to clean streaks, smears and smudges from stainless-steel appliances is

to use food-grade cleaning ingredients — white vinegar and olive oil.

Step one: dampen a rag with plain olive oil. Then, wipe the surface of your stainless steel fridge. Step two: flip the same rag over and pour enough white vinegar to dampen. Now, wipe the stainless steel surface a second time — don't forget the fridge door handle.

Olive oil is great for lifting dirt. It also makes a great floor and furniture polish when you add a splash of lemon juice and a squirt of vinegar. And white vinegar will cut grease, deodorize and disinfect.



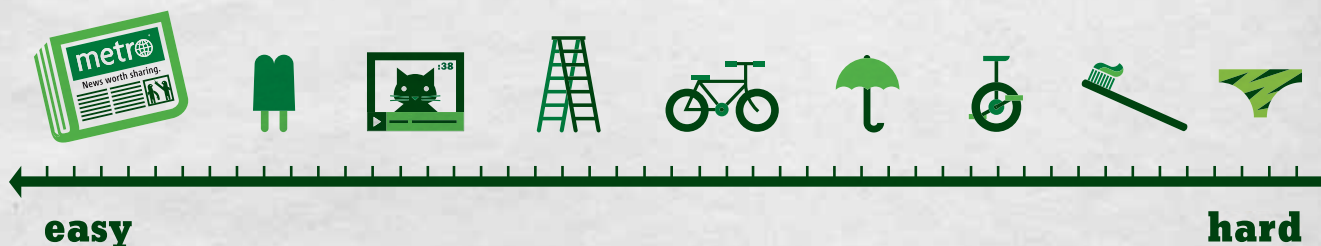
Use olive oil and vinegar to clean streaks and smears. ISTOCK IMAGES

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# Sharability







If you're feeling on the verge of a complete burnout, you may want to examine how attached you are to your current career. ISTOCK

# Feeling confined to your cubicle? Beware of burnout

**Down at your desk.** Study finds workers who feel obligated to stay with their company more likely to experience stress.

Whether you feel a sense of obligation about your work or are staying on the job because you don't see an alternative, new research suggests the end result for employees could be the same: burnout.

According to Montreal

## When feeling good feels bad

Researchers also observed that individuals with high self-esteem are most affected by a perceived lack of employment alternatives.

- The result is possibly because that perception is inconsistent with their self-view as important and competent people.

researchers, the decision to stick with your company — whether by choice or because of slim pickings in the job market — can lead to emotional exhaustion, a chronic state of physical and mental depletion resulting from continuous stress and excessive job demands.

The study was conducted by Concordia University, Université de Montréal and HEC Montréal. The findings were published in the journal Human Relations.

Concordia assistant professor and study co-author Alexandra Panaccio and her colleagues surveyed 260 workers from various industries, including information technology, health services, engineering and architecture.

Among participants — aged 34 on average — 33 per cent held managerial positions, while 50 per cent worked in the public sector.

The study found that people who stay in their organizations because they feel an obligation toward their employer are more likely to experience burnout.

A similar effect can also

## But why?

**"It may be that, in the absence of an emotional bond with the organization, commitment based on obligation is experienced as a kind of indebtedness — a loss of autonomy that is emotionally draining over time."**

Alexandra Panaccio, assistant professor, Concordia University

be seen among workers who stay the course because they

don't see alternatives for employment outside their current organizations.

Researchers also measured various types of organizational commitments, like whether employees identified with a company's goals and values and whether they felt an obligation to stay.

"It may be that, in the absence of an emotional bond with the organization, commitment based on obligation is experienced as a kind of indebtedness — a loss of autonomy that is emotionally draining over time," said Panaccio in a release.

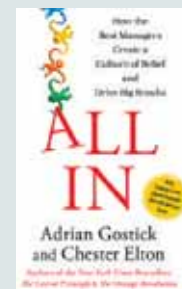
THE CANADIAN PRESS

## On the shelf



## 1501 Ways to Reward Employees

A revamped and overhauled version of his former book 1001 Ways to Reward Employees, Bob Nelson authors a hands-on, how-to guide on motivating and rewarding employees in the trickiest work environments.



## All In: How the Best Managers Create a Culture of Belief and Drive Big Results

Based mostly on a 300,000-person study conducted during the recession, All In is an analysis of management choices that lead to creating a distinctive workplace culture. This 'culture' is determined by a company's mission, values and goals, which are outlined in detail by authors Adrian Gostick and Chester Elton.

DELIA MACPHERSON

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## 4

## SPORTS

## CIS football

**Huskies  
named to  
East-West  
Bowl**

The Saint Mary's Huskies football team will be well represented at the Canadian Interuniversity Sport East-West Bowl next month. Offensive lineman Matthew Albright of Dartmouth, linebacker Kyle Norris, defensive back Neil King and kicker Brett Lauther were all named to the East roster for the 10th annual showcase, which is set for May 12 in London, Ont.

## On the web

For more coverage of the Halifax Mooseheads, follow @metroqfiles on Twitter or visit The Q Files blog at metronews.ca/qfiles.



Quebec Remparts forward Gabriel Desjardins, left, is congratulated by teammate Vincent Barnard after scoring in Friday's 4-2 win over the Halifax Mooseheads at Colisee Pepsi in Quebec City. Desjardins, who spent three and a half seasons with the Mooseheads, had two goals and two assists on the weekend as the Remparts grabbed a 2-0 lead in the QMJHL quarter-final series. JACQUES BOISSINOT/THE CANADIAN PRESS

# Big hill to climb as Mooseheads come home

**Remparts lead 2-0.**

Close losses in front of big crowds in Quebec City leave Mooseheads down in QMJHL quarter-final



**MATTHEW  
WUEST**

matthew.wuest@metronews.ca

The Halifax Mooseheads are in a deep hole against the Quebec Remparts — but have home ice on their side for the next week.

The Mooseheads, who return from Quebec City trailing the Remparts 2-0 in the QMJHL quarter-final after losing 4-3 in overtime on Saturday and 4-2 on Friday, will host the next three games of the best-of-seven series at the Metro Centre on Tuesday, Wednesday and, if necessary, Friday.

But in the aftermath of Saturday's heartbreaking defeat, head coach Dominique Ducharme refused to talk about the three games as a group or how they could swing the momentum

**MacKinnon sets record**

- Nathan MacKinnon put his name in the Halifax Mooseheads history books once again on the weekend.
- The 16-year-old rookie centre scored twice on Saturday and once on Friday to give him nine goals in six post-season games, breaking the franchise's rookie record for single-season playoff goals.
- He is just three goals away from matching Jamie Brown's franchise record of 12 set in 1996-97.



**Nathan MacKinnon**

HALIFAX MOOSEHEADS/CONTRIBUTED

of the series.

"We have one game to win on Tuesday — that's it," Ducharme said. "We can't change anything about the first two games, and we won't be winning four games in one night, and we've got to take it one game at a time."

The Mooseheads led both weekend games by a goal entering the third period. But the opportunistic Remparts showed why they are one of the highest-scoring teams in the QMJHL by cashing in when they needed to. Veteran third-line forward

Jeremie Malouin scored both game-winners.

The 19-year-old's goal at 2:49 of the third period on Friday capped a stretch of three Remparts goals in 95 seconds. And on Saturday, he followed up Logan Shaw's game-tying goal with 19.9 seconds left in regulation by winning it at 6:02 of extra time on a goal-mouth scramble.

But playing in front of crowds of 12,340 and 14,053 at Colisee Pepsi, Ducharme was much happier with his team's play in Game 2 than he was with Game 1's effort.

"We were a little bit nervous on Friday, with the crowd and everything, but (Saturday) we did a better job," Ducharme said. "We played a better game."

The Mooseheads' power play scored twice on Saturday to snap out of a play-off-long funk, while their five-on-five play — both offensively and defensively — was excellent.

"We did a lot of positive things in that game," Ducharme said.

With the game-tying and game-winning goals coming on crease-crashing plays, Ducharme said his team needs to "be stronger at finding pucks and taking sticks." He also wants to see them take fewer bad penalties.

But, overall, the biggest thing he wants from his players is for them to turn the page on the first two games and focus on Game 3 — and only Game 3.

"We can't think about winning all three games," Ducharme said. "We're going home on Tuesday to win that game, and that's our mindset, that's the way we approach it."

**QMJHL playoffs****Sea Dogs jump to 2-0 series lead**

The Saint John Sea Dogs continue to flex their offensive muscles in the QMJHL playoffs.

The Sea Dogs hammered the visiting Baie-Comeau Drakkar 10-2 on Saturday and 9-3 on Friday to grab a 2-0 lead in the QMJHL quarter-final.

The defending Memorial Cup champions now have 53 goals in six games (8.8 per game) in the post-season, 18 more than any other team.

Cole Harbour's Stephen MacAulay scored twice in 33 seconds on Friday, tying him for the second-fastest two goals in franchise history.

The other QMJHL quarter-final series — one between the Blainville-Boisbriand Armada and Rimouski Oceanic, the other between the Shawinigan Cataractes and the Chicoutimi Saguenéens — are tied 1-1. **METRO HALIFAX**



NHL

## 'Bloodbath' predicted as Pens, Flyers renew rivalry

Scott Hartnell can feel the animosity the second the Philadelphia Flyers forward skates onto the ice at Pittsburgh's Consol Energy Center.

"There's a lot of hatred by the city against us," Hartnell said. "We thrive off that."

If the Flyers want to survive their first-round matchup with the Penguins, they don't really have a choice.

"It's going to be a bloodbath," Hartnell added, with a grin.

As usual.

The typical venom between the rivals will likely only escalate this time around. Pittsburgh has won each of the previous two playoff meetings, using victories in 2008 and 2009 as springboards to the Stanley Cup final.

Throw in Philadelphia's addition of former Pittsburgh stars Jaromir Jagr and Max Talbot and the Flyers coaching staff calling out the Penguins for dirty play and there's more than enough bile to go around.

The series starts on Wednesday night in Pittsburgh, where the Penguins have home-ice advantage in name only.

"I expect a pretty intense series," Pittsburgh captain Sidney Crosby said. "If anything prior to this is any indication, that's pretty fair to say. Those are the kind of series you want to be a part of."

Pittsburgh's 4-2 win over the Flyers in the regular season finale on Saturday was the calm before the storm. Save for a first-period fight, both teams were on their best behaviour.

The game was so calm Crosby felt compelled to call it "weird."

The Flyers are 5-1 at Consol since it opened in 2010. Their 25 road wins this season tied Boston for tops in the NHL.

THE ASSOCIATED PRESS



Scott Hartnell  
ROB CARR/GETTY IMAGES



Canadian skip Glenn Howard celebrates with third Wayne Middaugh after winning the men's world curling title on Sunday. MICHAEL BURNS/THE CANADIAN PRESS

# Howard back on top of the world

**Curling.** Canadian skip wins fourth world title with extra-end triumph in Basel, Switzerland

Canada's Glenn Howard began his day at St. Jakobshalle by bopping his head to the music that blared through the arena before the gold-medal game at the world men's curling championship.

He ended it by standing where he always does when he plays at this event — on the top step of the podium.

Howard appeared comfortable from the start of the 8-7

Quoted

"He's got something. I can't really explain it, I'm just happy to be around for it."

Team Canada's Brent Laing on Glenn Howard's demeanour going into the winning throw

extra-end victory over Scotland's Tom Brewster on Sunday. It was the fourth career world men's title in four tries for the Ontario skip, who made the winning draw inside the four-foot.

"I was feeling really confident and really calm. That wasn't acting," Howard said. "You just try to stay in your own zone. You can't worry about outcome, you just worry

about the shot at hand."

In the extra end, Canada lead Craig Savill hit two nice ticks and teammates Brent Laing and Wayne Middaugh came through with the necessary takeouts to set up Howard's winning throw.

"It's for the world championship and there's a lot on the line but Glenn makes it 99 times out of 100," Middaugh said. "That's why he's throw-

ing the last puck and there's nobody better to have doing it."

It was Canada's 34th world championship since the first event was held in 1959. Howard's previous titles came in 1987, 1993 and 2007.

Brewster, who said he was "gutted" after the loss, settled for silver for the second straight year. He had a chance to win it in the 10th end but only scored one after his stone slid out.

Brewster lost to Manitoba's Jeff Stoughton in last year's final in Regina.

Official numbers weren't released but organizers estimated about 2,900 fans took in the gold-medal game.

THE CANADIAN PRESS

Hockey

## Canada bounces back at worlds

Canada bounced back at the women's world hockey championship on Sunday 3-2 win over Finland in Vermont on Sunday.

Laura Fortino, Caroline Ouellette and Gillian Apps scored for Canada, while goaltender Shannon Szabados made 14 saves for the win.

Venla Hovi scored short-handed and Saija Tarkki also scored for the Finns.

Canada is 1-1 in the tournament after opening with a 9-2 loss to the host U.S. THE CANADIAN PRESS

MLB

## Jays miss season-opening sweep

Carlos Santana hit two home runs on his 26th birthday. Derek Lowe pitched seven strong innings and the Cleveland Indians (1-2) beat the Toronto Blue Jays 4-3 Sunday for their first win.

Lowe (1-0) got 15 outs on grounders and allowed two unearned runs in his Indians debut. Edwin Encarnacion had an RBI double and Brett Lawrie a sacrifice fly as Toronto (2-1) tied it at 2 in the fourth.

THE ASSOCIATED PRESS

NBA

## Lin feeling good but still expects to miss Round 1

Knicks guard Jeremy Lin said Sunday he feels "pretty good" after knee surgery but doesn't think he could make it back for the first round of the playoffs.

"I think unless something goes really well, I wouldn't get there," Lin said before the Knicks played the Chicago Bulls.

THE ASSOCIATED PRESS

## Golf. Watson escapes with green jacket

Bubba Watson started the day by watching the rarest shot in golf. He ended another thrill-a-minute Sunday at Augusta National with a signature shot of his own to win the Masters.

So deep in the trees right of the 10th fairway that he couldn't even see the green, Watson hooked a wedge off the pine needles from 155 yards to about 10 feet from the hole. That set up a par, good enough to beat Louis Oosthuizen on the second playoff hole.

"If I've got a swing, I've got a shot," Watson said.

It was Oosthuizen who set

Quoted

"I never got this far in my dreams."

Bubba Watson on winning the Masters.

the tone for this wild day with a double eagle — only the fourth in Masters history — on the par-5 second hole when his 4-iron from 253 yards landed on the front of the green and rolled some 90 feet into the hole for a two.

"Somehow it fell in my hands today," said Watson, who

closed with a 68. "It's amazing. It's a blur, the last nine holes I don't remember anything. Somehow I guess I cried all my tears out."

He was blubbering hard on the 10th green, shoulders heaving, for so many reasons. Just two weeks ago, he and his wife adopted a baby boy, Caleb. The first person on the green was his mother — his father died right after the Ryder Cup in 2010.

"It's a blessing. To go home to my new son, it's going to be fun," Watson said in Butler cabin. THE ASSOCIATED PRESS



Bubba Watson celebrates his Masters win on the second playoff hole on Sunday in Augusta, Ga. ANDREW REDINGTON/GETTY IMAGES



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Rollers and heats  
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Size 12-15 In Great Shape  
Asking \$250 or a reasonable offer  
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Between \$2-\$15  
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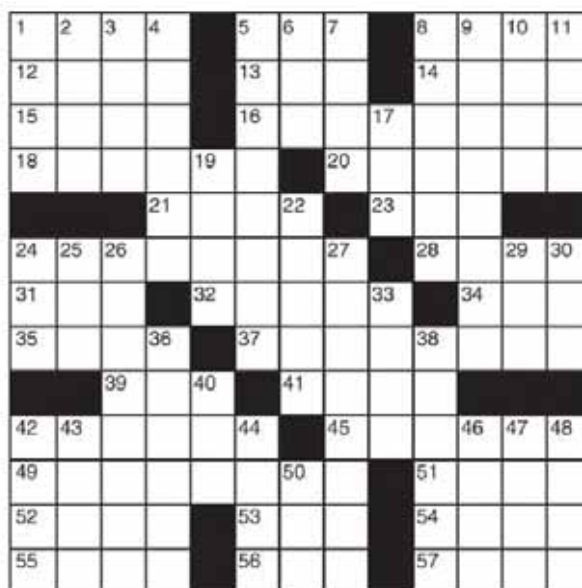
## Crossword

### Across

- 1 Mediocre
- 5 Sibling, for short
- 8 Low voice
- 12 Chew the fat
- 13 Young fellow
- 14 Engaged with
- 15 "— She Sweet?"
- 16 Pyrenees dweller
- 18 Tile art
- 20 Glosses
- 21 Stir-fry pans
- 23 More, to Manuel
- 24 Moderately slow melodies
- 28 Mail org.
- 31 "Gosh"
- 32 Musical transition
- 34 Japanese pond fish
- 35 "How clumsy of me"
- 37 Human-like robots
- 39 Greek vowel
- 41 Smell
- 42 U.S.A. neighbour
- 45 Morale
- 49 Male hormone
- 51 Tortoise's rival
- 52 Versifier
- 53 Snakelike swimmer
- 54 Eager
- 55 Remnants
- 56 Firmament
- 57 Capone foe

### Down

- 1 Con game
- 2 Major U.S. river
- 3 Without (Fr.)
- 4 Capital of 42-Across
- 5 Dark brew
- 6 Scooted
- 7 Probability
- 8 Department
- 9 Social doings at a lodge
- 10 Musial or Laurel
- 11 Half the offspring
- 17 Resistance unit
- 19 Charged bits
- 22 Sheet-music symbol
- 24 Past
- 25 Ultra-modernist
- 26 Hinged (on)
- 27 Just like that
- 29 Legume holder
- 30 Kin of 5-Across
- 33 Cupid's alias
- 36 Opens
- 38 Warbucks' Annie, e.g.
- 40 Commotion
- 42 Part of a Dracula costume
- 43 In due course
- 44 Reacts to time
- 46 Great review
- 47 Rainbow
- 48 Kennedy and Danson
- 50 "A mouse!"



## Yesterday's Crossword



## Cryptoquip

### How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

Q Q C H D ' O T B X Z I N Q I S P H K T  
M H I Q G T O H D P N O T T P . Q N ' P  
B H P P Q A X T N L Z N C H D  
K Q S L N A T Z M T W Z O P T I W T O .  
Yesterday's Cryptoquip: SOME YOGURT GOT  
BANNED FROM THE HIGH-CLASS COUNTRY  
CLUB FOR NOT BEING CULTURED ENOUGH.  
Today's Cryptoquip Clue: D equals U



For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's Sudoku



## Horoscope

### Aries | March 21 - April 20.

New faces and new places beckon this coming week, so get out and about and have a good time.

### Taurus | April 21 - May 21.

Your ideas may seem sensible to you but other people clearly have doubts and you will have to work hard to convince them.

### Gemini | May 22 - June 20.

Everything seems right with your world and what happens today will confirm your belief that the gods of luck are very much on your side.

### Cancer | June 21 - July 22.

If you feel uncomfortable with something you are doing it is most likely your conscience trying to warn you that you are on the wrong track.

### Leo | July 23 - Aug. 22.

There is no point arguing with people whose beliefs and opinions are so very different to your own.

### Virgo | Aug. 23 - Sept. 22.

Someone you meet today will make such an impression on you that you actually want to be like them.

### Libra | Sept. 23 - Oct. 22.

Don't attach too much importance to what you see or hear around you this coming week.

### Scorpio | Oct. 23 - Nov.

21. Your challenge this week is to keep your more negative emotions under lock and key, even when certain people are clearly trying to provoke you into doing something intemperate.

### Sagittarius | Nov. 22 - Dec.

21. According to the planets you will

accomplish more over the next few days if you take a relaxed view of other people's transgressions.

### Capricorn | Dec. 22 - Jan. 20.

No matter how many things have gone wrong in your life it will all start going right again when Mars turns direct on the 14th. Between now and then just try to relax. You've been far too intense of late.

### Aquarius | Jan. 21 - Feb. 18.

Look on the bright side today even if your world seems to be coming apart at the seams.

### Pisces | Feb. 19 - March 20.

What you need to realize now is that you can have only a limited effect on your environment. Once you "get" that fact you won't feel so tempted to interfere in other people's lives — which only makes matters worse.

SALLY BROMPTON



## Caption Contest

"So, does Bob know where we're heading?"

Eric B

ANDREW BROWNBILL/THE ASSOCIATED PRESS

## Win!



## You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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OUR BIGGEST  
EVENT OF THE YEAR

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38 MPG CITY  
50 MPG HWY\*\*

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- STAR Safety System
- Audio Auxiliary Input Jack
- Tilt and Telescopic Steering Wheel
- All Season Floor Mats
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- Power, Heated Exterior Mirrors
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### 2012 COROLLA CE CONVENIENCE PACKAGE

Corolla CE standard features plus:

- Air Conditioning
- Bluetooth Capability
- Steering Wheel Audio Controls
- USB Audio Input
- 6 Speakers
- Keyless Entry
- Power Door Locks
- Colour-Keyed Door Handles

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### 2012 COROLLA S



### 2012 COROLLA S

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- Power Windows
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- Steering Wheel Audio Controls
- Cruise Control

- Keyless Entry
- STAR Safety System
- 16" Aluminum Wheels
- Coloured Full Ground Effects Package
- Rear Spoiler
- Fog Lamps
- Power Heated Mirrors

LEASE FROM  
**\$275\***  
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### 2012 COROLLA LE



### 2012 COROLLA LE

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- Power Windows
- Bluetooth Capability
- Steering Wheel Audio Controls
- USB Audio Input
- 6 Speakers
- Keyless Entry

- Power Door Locks
- Heated Seats
- Cruise Control
- 16" Aluminum Wheels
- Power Moonroof
- Fog Lamps
- Variable Intermittent Wipers

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\*MSRP. Excludes taxes, license, title, and dealer fees. \*\*2012 EPA estimates. 2012 Corolla CE 1.8L 4-cylinder, 132 HP, 5-speed manual transmission. 38 mpg city/50 mpg highway. 2012 Corolla S 1.8L 4-cylinder, 132 HP, 5-speed manual transmission. 38 mpg city/50 mpg highway. 2012 Corolla LE 1.8L 4-cylinder, 132 HP, 5-speed manual transmission. 38 mpg city/50 mpg highway. ††0% financing for 36 months. Example: \$22,000 vehicle, \$2,000 down, \$200/month for 36 months. Total cost of financing: \$0.00. Actual cost of financing may vary. See your participating Toyota dealer for details.



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